



## NOVEMBER 2022 - LEISURE CALENDAR - ALEXANDER MACKIE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>Legend:</b>  DR = Dining Room  ML = Main Lounge  201 = Arts &amp; Crafts Rm  203 = Family Room  L = Lobby  4L = 4th Floor Lounge  FC = Front Courtyard  BYG = Back Yard Garden</p>	<p><b>Hair Salon (4th Floor)</b>  Wednesdays,  Thursdays &amp;  Fridays with Jill  Opens at 9:00am</p>	<p><b>1</b>  9-11 Morning Coffee ML  10:15 Morning Stretch 4L  1:30 Cribbage DR  2-3 Afternoon Coffee ML  2:30 Brain Busters 4L</p>	<p><b>2</b>  9-11 Morning Coffee ML  2-3 Afternoon Coffee ML  2:30 Crafty Club 201  <i>Christmas Craft &amp; Décor  Planning</i></p>	<p><b>3</b>  9-11 Morning Coffee ML  9:30-11:00 Tuck Shop L  10:15 Morning Stretch 4L</p>	<p><b>4</b> 9-11 Morning Coffee ML  9:30 Scenic Bus Trip  1:30 Bus trip to Mall  2:00 BINGO! DR  2-3 Afternoon Coffee ML  7:00 Friday Nite Music  <i>2 Among Friends</i></p>	<p><b>5</b>  9-11 Morning Coffee ML  2-3 Afternoon Coffee ML  2:00 Art with Arlene 201</p>	
<p><b>6</b>  9-11 Morning Coffee ML  1:30-3:30 Game Time  in the Dining Room  2-3 Afternoon Coffee ML</p>	<p><b>7</b>  9-11 Morning Coffee ML  9:30-11:00 Tuck Shop L  1:30 Fitness &amp; Strength  Class with Sonja 4L  2-3 Afternoon Coffee ML</p>	<p><b>8</b>  9-11 Morning Coffee ML  10:15 Morning Stretch 4L  1:30 Cribbage DR  2-3 Afternoon Coffee ML  2:30 Card-Making Class  with Peta in the Art Room 201</p>	<p><b>9</b>  9-11 Morning Coffee ML  2-3 Afternoon Coffee ML  2:00 Canada Scooters  Complimentary Walker &amp;  Scooter Tune-up 4L</p>	<p><b>10</b>  9-11 Morning Coffee ML  9:30-11:00 Tuck Shop L  10:15 Morning Stretch 4L  <i>Vehicles must be removed  from the parking lot by 10pm</i></p>	<p><b>11</b> REMEMBRANCE DAY  9-11 Morning Coffee ML  2:00 Remembrance Day  Ceremony &amp; Tea in  The Dining Room    <b>No Parking Available</b></p>	<p><b>12</b>  9-11 Morning Coffee ML  2-3 Afternoon Coffee ML  2:00 Art with Arlene 201</p>	
<p><b>13</b>  9-11 Morning Coffee ML  1:30-3:30 Game Time  in the Dining Room  2-3 Afternoon Coffee ML</p>	<p><b>14</b>  9-11 Morning Coffee ML  9:30-11:00 Tuck Shop L  2-3 Afternoon Coffee ML    <i>No Fitness Class Today</i></p>	<p><b>15</b>  9-11 Morning Coffee ML  10:15 Morning Stretch 4L  1:30 Cribbage DR  2-3 Afternoon Coffee ML  2:30 Brain Busters 4L</p>	<p><b>16</b>  9-11 Morning Coffee ML  2-3 Afternoon Coffee ML  2:00 Hearing Aid Clinic 203  2:00 Dining Room &amp;  Kitchen Meeting DR</p>	<p><b>17</b>  9-11 Morning Coffee ML  9:30-11:00 Tuck Shop L  10:15 Morning Stretch 4L  2-3 Afternoon Coffee ML  2:00 Residents' Council  Meeting in Dining Room</p>	<p><b>18</b> 9-11 Morning Coffee ML  9:30 Scenic Bus Trip  1:30 Bus trip to Casino  2:00 BINGO! DR  2-3 Afternoon Coffee ML  7:00 Friday Nite Music  <i>Steve Peabody</i></p>	<p><b>19</b>  9-11 Morning Coffee ML  2-3 Afternoon Coffee ML  2:00 Art with Arlene 201</p>	
<p><b>20</b>  9-11 Morning Coffee ML  1:30-3:30 Game Time  in the Dining Room  2-3 Afternoon Coffee ML</p>	<p><b>21</b>  9-11 Morning Coffee ML  9:30-11:00 Tuck Shop L  1:30 Fitness &amp; Strength  Class with Sonja 4L  2-3 Afternoon Coffee ML</p>	<p><b>22</b>  9-11 Morning Coffee ML  10:15 Morning Stretch 4L  1:30 Cribbage DR  2-3 Afternoon Coffee ML  2:30 Mexican Train  Dominos 4L</p>	<p><b>23</b>  9-11 Morning Coffee ML  2-3 Afternoon Coffee ML  2:30 Crafty Club 201  <i>Christmas Wreaths</i>  7:00 JDF Orchestra in  the Dining Room</p>	<p><b>24</b>  9-11 Morning Coffee ML  9:30-11:00 Tuck Shop L  10:15 Morning Stretch 4L  1-3 Blood Pressure &amp;  Weight Clinic 4L  2-3 Afternoon Coffee ML</p>	<p><b>25</b>  9-11 Morning Coffee ML  2:00 BINGO! DR  2-3 Afternoon Coffee ML</p>	<p><b>26</b>  9-11 Morning Coffee ML  2-3 Afternoon Coffee ML  2:00 Art with Arlene 201    </p>	
<p><b>27</b>  9-11 Morning Coffee ML  1:30-3:30 Game Time  in the Dining Room  2-3 Afternoon Coffee ML</p>	<p><b>28</b>  9-11 Morning Coffee ML  9:30-11:00 Tuck Shop L  1:30 Fitness &amp; Strength  Class with Sonja 4L  2-3 Afternoon Coffee ML</p>	<p><b>29</b>  9-11 Morning Coffee ML  10:15 Morning Stretch 4L  1:30 Cribbage DR  2-3 Afternoon Coffee ML  2:30 Card-Making Class  with Peta in the Art Room 201</p>	<p><b>30</b>  9-11 Morning Coffee ML  2:00 Birthday Bash!! DR  with a Barber Shop  Quartet  <i>Everyone is Welcomed!</i></p>	