










February 2023 - LEISURE CALENDAR - ALEXANDER MACKIE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Legend: DR = Dining Room ML = Main Lounge 201 = Arts & Crafts Rm 203 = Family Room L = Lobby 4L = 4th Floor Lounge FC = Front Courtyard</p>	<p>Hair Salon (4th Floor) Wednesdays, Thursdays & Fridays with Jill Opens at 9:00am</p>		<p>1 9-11 Morning Coffee ML 2-3 Afternoon Coffee ML 2:00 Income Tax Talk 4L <i>With Bob Perro</i></p>	<p>2 9-11 Morning Coffee ML 9:30-11:00 Tuck Shop L 10:00 Morning Stretch 4L 2-3 Afternoon Coffee ML 2:00 Horse Racing 4L</p>	<p>3 9-11 Morning Coffee ML 9:30 Bus trip to <i>Westshore Mall</i> 2-3 Afternoon Coffee ML 7:00 Pub Night with DR <i>Jean Bedard</i></p>	<p>4 9-11 Morning Coffee ML 2-3 Afternoon Coffee ML</p> 
<p>5 9-11 Morning Coffee ML 2-3 Afternoon Coffee ML</p> 	<p>6 9-11 Morning Coffee 9:30-11:00 Tuck Shop ML 10:00 Walking Intro ML 1:30 Fitness & Strength Class with Sonja 4L 2:00 Bingo DR 2-3 Afternoon Coffee ML</p>	<p>7 9-11 Morning Coffee ML 10:00 Morning Stretch 4L 1:30 Cribbage DR 2-3 Afternoon Coffee ML 2:00 Brain Busters 4L</p>	<p>8 9-11 Morning Coffee ML 2:00 City Wide Scooters Complimentary Walker & Scooter Tune-up 4L 2-3 Afternoon Coffee ML</p>	<p>9 9-11 Morning Coffee ML 9:30-11:00 Tuck Shop L 10:00 Morning Stretch 4L 2-3 Afternoon Coffee ML</p>	<p>10 9-11 Morning Coffee ML 9:30 Senic Bus Trip 1:30 Bus trip to Casino 2-3 Afternoon Coffee ML</p>	<p>11 9-11 Morning Coffee ML 2:00 Art with Arlene 201 2-3 Afternoon Coffee ML</p> 
<p>12 9-11 Morning Coffee ML 2-3 Afternoon Coffee ML</p>	<p>13 9-11 Morning Coffee ML 9:30-11:00 Tuck Shop ML 1:30 Fitness & Strength Class with Sonja 4L 2:00 Bingo DR 2-3 Afternoon Coffee ML</p>	<p>14 VALENTINES DAY 9-11 Morning Coffee 10:00 Morning Stretch 4L 2-3 Afternoon Coffee ML 2:00 Brain Busters 4L 2:30 Handmade Greeting Card Class 203</p>	<p>15 9-11 Morning Coffee ML 2-3 Afternoon Coffee ML 2:00 Hearing Aid Clinic 203 2:00 Birthday Bash!! DR The Encores <i>Everyone is Welcomed!</i></p>	<p>16 9-11 Morning Coffee 9:30-11:00 Tuck Shop L 10:00 Morning Stretch 4L 2-3 Afternoon Coffee ML 2:00 Residents' Council Meeting in Dining Room</p>	<p>17 9-11 Morning Coffee ML 2-3 Afternoon Coffee ML 6:30 Friday Nite Music DR <i>Ktones</i></p>	<p>18 9-11 Morning Coffee ML 2:00 Art with Arlene 201 <i>Every One Welcome</i> 2-3 Afternoon Coffee ML</p>
<p>19 9-11 Morning Coffee ML 2-3 Afternoon Coffee ML</p> 	<p>20 FAMILY DAY 9-11 Morning Coffee ML 9:30-11:00 Tuck Shop ML 2:00 Bingo DR 2-3 Afternoon Coffee ML</p>	<p>21 9-11 Morning Coffee ML 10:00 Morning Stretch 4L 1:30 Cribbage DR 2-3 Afternoon Coffee ML 2:00 Brain Busters 4L</p>	<p>22 9-11 Morning Coffee ML 2-3 Afternoon Coffee ML 2:00 Jeopardy 4L <i>Have Fun and test your Knowledge</i></p>	<p>23 9-11 Morning Coffee ML 9:30-11:00 Tuck Shop L 10:00 Morning Stretch 4L 1-3 Blood Pressure & Weight Clinic 4L 2-3 Afternoon Coffee ML</p>	<p>24 9-11 Morning Coffee 11:30 Lunch Outing to Six Mile Pub 2-3 Afternoon Coffee ML 7:00 Live Music DR <i>JR & The Bad Ox Band</i></p>	<p>25 9-11 Morning Coffee ML 2:00 Art with Arlene 201 2-3 Afternoon Coffee ML</p> 
<p>26 9-11 Morning Coffee ML 2-3 Afternoon Coffee ML</p>	<p>27 9-11 Morning Coffee ML 9:30-11:00 Tuck Shop ML 1:30 Fitness & Strength Class with Sonja 4L 2:00 Bingo DR 2-3 Afternoon Coffee ML</p>	<p>28 9-11 Morning Coffee 10:00 Morning Stretch 4L 1:30 Cribbage DR 2-3 Afternoon Coffee ML 2:00 Brain Busters 4L 2:30 Handmade Greeting Card Class 203</p>	 <p>ALL YOU NEED IS LOVE</p> 